



PROVIDER ALERT

June 1, 2023

Alert Summary: Update to age requirement for those required to complete the Child and Adolescent Needs and Strengths (CANS) assessment.

Dear Provider,

Effective July 1, 2023, the Child and Adolescent Needs and Strengths (CANS) age requirement will change. Members under the age of 18 are required to have a CANS on file, updated within the last 90 days. The previous requirement was for members under age 19.

Note: The CANS assessment is required prior to a youth receiving any outpatient behavioral health services except those services that do not address a functional need. Services that do not require a CANS are as follows: Health Behavior Assessment and Interventions (HBAI), Neuro/Psychological Testing, Medication Management, and Crisis Services. All treatment plans that address a functional need (i.e. Psychotherapy) must be based on the CANS.

Areas that will be updated include:

- Provider Manual
- Member Handbook
- Fee Schedule
- Level of Care Guidelines (LOCG)
- Relevant Training Material and Courses

If you have any questions, please contact your Provider Relations Advocate or email optum_idaho_network@optum.com

Thank you,

The Optum Idaho Team